

In today's gospel, Matthew 14:22-34, we hear of the disciples being in a boat and being "beaten by the waves". They see Jesus Christ thinking it may be a ghost, and afraid, He says to them "Take heart, it is I; have no fear." Peter called out to Jesus Christ and walked on the water towards Him but began to sink because he was afraid of the wind. He cried out to our Lord to save Him, and Jesus Christ did asking Peter, "O man of little faith, why did you doubt?"

Dearest ones, do we feel at times that we are "beaten by the waves," that the "wind is against us" in our life? We must remember that we live in the world, but are not of the world and that our hope and faith should be in God. With Him all things are possible, and without a doubt, He is always with us; we are never alone even in the darkest of times.

God tells us to not fear for He is with us always to the very end. We can put our trust in Him, for in Him, we will find Light! This is difficult to believe at times where we feel that we are assaulted from all sides in our life, but through prayer, fasting, almsgiving and the sacraments of the Church our relationship with God can be strengthened and deepened. We can become strengthened spiritually.

Let us remember He loves us so much that He will lift us up over and over again when we fall, even if we doubt. In His name we offer thanksgiving; Father, Son, and Holy Spirit, now and always and forever and ever, amen.